

October is...



What is Farm to School Month?

In November 2010, Congress approved a resolution to officially designate October as National Farm to School Month. The passage of House Resolution 1655 demonstrates the growing importance and role of Farm to School programs as a means to improve child nutrition, support local economies and educate children about the origins of food.

What is Farm to School?

Farm to School is broadly defined as any program that connects schools (K-12) and local farms with the objectives of serving healthy meals in school cafeterias, improving student nutrition, providing agriculture, health and nutrition education opportunities, and supporting local and regional farmers. Farm to School programs exist in all 50 states, but since Farm to School is a grassroots movement, programs are as diverse as the communities that build them.

Adapted from the *National Farm to School Month* website: <http://www.farmtoschoolmonth.org>